

**Foundation course schedule for the Batch 2025-26 of JGMCH,  
Jhargram, Duration: 2 weeks**

Foundation Course starts from 22<sup>nd</sup> Sept, 2025 till 25<sup>th</sup> Sept, 2025 followed by foundation course classes after the puja holidays from 8<sup>th</sup> Oct, 2025 till 14<sup>th</sup> Oct, 2025. Schedule classes for 1<sup>st</sup> MBBS batch 2025-26 will start from 15<sup>th</sup> Oct, 2025 onwards.

Day	Topic	Time	Speaker
22/09/2025 (Monday)	Campus visit	11.00 AM onwards	Dr. Manojit Mondal Dr. Mousumi Das Department of Biochemistry
23/09/2025 (Tuesday)	Introductory address by Principal	10.00 AM - 10.15 AM	
	Introductory address by MSVP	10.15 AM - 10.30 AM	
	Introductory address by Dean of students affairs	10.30 AM - 10.45 AM	
	Introductory address by Head of the department of different disciplines	10.45 AM - 11.45 AM	
	Orientation module: An overview: Role of doctors in the society	11.45 AM - 12.15 PM	Dr. Anurup Pakhira, MSVP.
	Orientation module: History of Modern medicine and alternative system of medicine	12.15 PM - 12.45 PM	Dr. Loknath Ghoshal, Dean of Students Affairs, JGMCH
	Orientation module: An overview: Role of IMG	12.45 PM - 1.15 PM	Prof. (Dr.) Anindya Dasgupta, HoD, Biochemistry.
	Lunch	1.15 PM - 2.00 PM	
	Orientation module: An overview : Principles of Family practice	2.00 PM - 2.30 PM	(Dr.) Kartik Patar, Assistant Professor, General Medicine.
	Skill module: Universal Immunization Programme	2.30 PM - 3.00 PM	Dr. Atanu De, Asst. Professor, Dept. of Community Medicine
	Skill module: Universal precautions	3.30 PM - 4.00 PM	Prof. (Dr.) Rajdeep Saha, HoD, Microbiology
24/09/2025 (Wednesday)	P&E Module: Time management and stress management	4.00 PM - 5.00 PM	Dr. Nandalal Mal, Asst. Professor, Psychiatry
	Skill module : First Aid	10.00AM - 11.00AM	Dr. Snehasish Das, Asst. Professor, Dept. of General Medicine
	P & E Module: Altruistic behavior & Interpersonal Relationship;	11.00 PM - 12.00 PM	Dr. Rajarshi Chakraborty, Associate Prof. and Head, Psychiatry
	Professional development and Ethics (P&E) Module: Concept of Professionalism and Ethics: An overview	12.00 PM - 1.00 PM	Prof. (Dr.) Sujash Biswas, HoD, Dept of FMT.
	Skill module: Biomedical Waste Management	1.00 PM - 1.30 PM	Prof. (Dr.) Rajdeep Saha, HoD, Microbiology

Principal  
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	Skill module: Documentation	1.30 PM - 2.00 PM	Dr. Sibsankar Mahata, Asst Professor, Dept of FMT
	Post lunch session	Sports and extracurricular activities.	
25/09/2025 (Thursday)	Yoga and meditation	10 AM - 12 PM	Theological personnel
08/10/2025 (Wednesday)	Community orientation module: Community orientation: An over view & Communication with patient and families	10.00 AM - 11.00 AM	Dr. Eashin Gazi, Associate Professor & Head, Community Medicine
	P & E Module: Learning a) Understand the role of mentoring b) Demonstrates understanding of the process of group learning and group dynamics c) Comprehend the learning pedagogy and its role in learning skills d) Demonstrates understanding of different methods of self-directed learning e) Understanding collaborative learning	11.30 AM - 2.00 PM	a) Prof. (Dr.) Susmita Bhattacharya, Principal b) Dr. Soma Sil Mullick, Asst. Prof. Microbiology c) Dr. Abhishek Das, Assoc. Prof. FMT d) Dr. Pamela Nayak, Asst. Prof. Pathology e) Prof. (Dr.) Sonali Majumdar Das, Dept of Physiology.
	Professional & Ethics Module: Understand the role of yoga And meditation in personal health	Post lunch session	Theological personnel
09 /10/2025 (Thursday)	Clinico - Laboratory Communication.	10.00 AM - 11 AM.	Prof. (Dr.) Anindya Dasgupta, Dept of Biochemistry.
	An over view of Basic life support skill with demonstration	11 AM - 1 PM	
	Lunch	1 PM - 2 PM	Dr. Debdipta Das, Assistant Professor, Dept. of Anesthesia.
	Sports & extracurricular activities	2 PM - 4 PM	

*Abhishek Das*  
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Day	Topic	Time	Speaker
10/10/2025 (Friday)	Principles of family practice	10 AM - 11 AM	Dr. Poulami Mondal, Demonstrator, Dept of Community Medicine
	Health care delivery system and National goals	11 AM - 1 PM	Dr. Eashin Gazi, Associate Professor & Head, Community Medicine.
	Disability Competencies	2 PM - 4 PM	Dr. Dhananjay Panda, Dept of Orthopedics, Dr. Sibashish Roy, Assistant Professor, Dept of Psychiatry
11/10/2025 (Saturday)	Mentor Mentee Programme	10 AM - 1 PM	Prof. (Dr) Susmita Bhattacharya, Principal, Prof (Dr.) Loknath Ghosal, Dean of Students Affairs, Prof. (Dr) Sujash Biswas, Professor, Dept of FMT
13/10/2025 (Monday)	Demonstration of basic computer skill and techniques to use online resources	10 AM - 1 PM	Mr. Sourav Ghosh, IT personnel, JGMCH
	Communication skills: Language	2 PM - 4 PM	Dr. Abhishek Das, Associate Professor, Dept of FMT & Assistant Dean of Students Affairs. & Dr. Pijush Kanti Bagchi, Assistant Professor, Dept of Physiology.
14/10/2025 (Tuesday)	Overview of MBBS curriculum and various career pathways	10 AM to 11 AM	Prof. (Dr) Anindya Dasgupta, Dept of Biochemistry & Dean of Modern Medicine, WBUHS
	White coat ceremony	11 AM onwards	

*S. Bhattacharya*  
22/09/2025  
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